

CHILDREN

A Message to Parents

We require, for most programs, that children involved be the required age as of the date of the first class. All age requirements are set to benefit the child and make instruction more consistent for the program instructor. In some instances, the requirements have been set for the child's safety. Note: Registration by Internet or phone only will be accepted if the child is the appropriate age at the time of registration. If your child does not meet the age requirements by the start of class, please register by Fax, mail-in, or in person.

In case of an emergency or inclement weather, call 240-314-5023 for a recorded message.

Preschool Classes

We Love Parents But...In order to assist us in offering a quality program for your preschooler, we ask that you do not remain at the class unless it is otherwise stated in the description. Experience has shown that preschoolers are easily distracted due to their short attention spans. Thank you for your cooperation. Registration deadline for all activities is one week prior to the start of the class unless otherwise noted.

Creative Movement

Introduce your child to the joy of rhythm, music and movement. Dance games and activities will help develop coordination and physical expression. Note: Wear loose fitting clothes or leotard (without skirt or tutu) and tights. Wear dance slippers or dance in barefeet.

8 weeks.
#9483 Sat Jan 17-Mar 6 10 am-10:45 am
\$52(R)/\$60(N) Ages: 3-4 Bell Site: TCRC

8 weeks.
#9484 Thu Jan 15-Mar 4 3:30 pm-4:15 pm
\$52(R)/\$60(N) Ages: 3-4 Blackman Site: TCRC

Funfit Tots - Adult/Child

Find out just how much fun fitness can be and spend quality time with your youngster. Using balls, hoops, parachutes, musical instruments and a variety of activities, children develop better gross motor and socialization skills and better coordination. Note: \$10 material fee due to instructor. Funfit is for the whole family. One adult must attend with child(ren), who must be walking. \$20 material fee for two or more children attending.

No class 2/16 & 3/1. 8 weeks.
#9364 Mon Jan. 26-Mar 29 4:30 pm-5:15 pm
\$52(R)/\$60(N) Ages: 1-3 Kibler-Funfit Site: BAP

No class 2/16 & 3/1. 8 weeks.
#9365 Mon Jan 26-Mar 29 5:15 pm-6 pm
\$52(R)/\$60(N) Ages: 1½-4 yrs Kibler-Funfit Site: BAP

**Watch for the
Summer Camps Guide**
Coming the first week in February

Little Linguists Learn French **NEW**

A fun, creative, and enjoyable way to expose children to foreign language! Children quickly pick up foreign language especially through play. Enjoy building a french vocabulary through singing, movement, art projects, acting out stories, meeting new friends, and having fun! Adults build their vocabulary too. Children who have not taken other levels may enroll at age appropriate level. Note: Adult participation required for ages 18 months to 3 years. Supply fee due to instructor.

Adult participation required. \$8 supply fee. No class 2/27. 6 weeks.
#9506 Fri Feb 6-Mar 19 9:30 am-10:15 am
\$45(R)/\$52(N) Ages: 18-24 mos Aresta Site: TCRC

Adult participation required. \$8 supply fee. No class 2/27. 6 weeks.
#9818 Fri Feb 6-Mar 19 10:30 am-11:15 am
\$45(R)/\$60(N) Ages: 2-3 Aresta Site: TCRC

\$12 supply fee. No class 2/26. 7 weeks.
#9819 Thu Feb 5-Mar 25 3:15 pm-4:15 pm
\$61(R)/\$70(N) Ages: 3-5 Aresta Site: LES

Music Together® - Adult/Child™

Join us for a fun and easy introduction to music that is age appropriate for both you and your child. Music Together is a program especially designed for parents and children, together and equally, that encourages singing, moving, chanting, listening, and exploring a variety of musical instruments. Enjoy this special time with your child. This program was developed by child development specialists who researched how children learn musical competence. Note: Age 8 months and younger attend free with a registered sibling! Fee includes Music Together CD, cassette tape, illustrated songbook, and parent education materials for you to keep and use at home. Materials non-refundable. Casual dress.

10 weeks.
#9488 Wed Jan 14-Mar 17 9:30 am-10:15 am
\$132(R)/\$155(N) Ages: 1 mo-4 yrs Winkler Site: MCCC

10 weeks.
#9489 Wed Jan 14-Mar 17 10:30 am-11:15 am
\$132(R)/\$155(N) Ages: 1 mo-4 yrs Winkler Site: MCCC

10 weeks.
#9490 Wed Jan 14-Mar 17 11:30 am-12:15 pm
\$132(R)/\$155(N) Ages: 1 mo-4 yrs Winkler Site: MCCC

CHILDREN

WINTER 2003/2004

Pre-Ballet

Introduce your preschooler to dance, movement and basic ballet techniques. Rhythm, coordination and fun are emphasized. Note: Loose-fitting clothing or leotards and tights and ballet shoes are recommended but are not required. No tutus.

7 weeks.
#9240 Tue Jan 13-Feb 24 3:30 pm-4:15 pm
\$46(R)/\$53(N) Ages: 3-4 Blackman Site: TCRC

7 weeks.
#9241 Tue Jan 13-Feb 24 4:30 pm-5:15 pm
\$46(R)/\$53(N) Ages: 3-4 Blackman Site: TCRC

8 weeks.
#9243 Sat Jan 17-Mar 6 9 am-9:45 am
\$52(R)/\$60(N) Ages: 4-5 Bell Site: TCRC

No class 2/7. 8 weeks.
#9245 Sat Jan 17-Mar 13 10:15 am-11 am
\$52(R)/\$60(N) Ages: 3-4 Elk Site: SC

No class 2/7. 8 weeks.
#9246 Sat Jan 17-Mar 13 11:15 am-12 noon
\$52(R)/\$60(N) Ages: 3-4 Elk Site: SC

No class 2/7. 8 weeks.
#9247 Sat Jan 17-Mar 13 12:15 pm-1 pm
\$52(R)/\$60(N) Ages: 4-5 Elk Site: SC

No class 2/7. 8 weeks.
#9482 Sat Jan 17-Mar 13 1:15 pm-2 pm
\$52(R)/\$60(N) Ages: 4-5 Elk Site: SC

Preschool Golf - Adult/Child

Teach your child the fun and excitement of playing golf. Children can develop better eye hand coordination while learning the basic half swing and putting. Note: \$10 ball fee is required at first class and parental participation is required. Class held at Rockville Tennis and Golf, 14702 Southlawn Lane, Rockville. For additional class times, call 301-424-8882.

5 weeks.
#9388 Sat Jan 17-Feb 14 10 am-10:30 am
\$99(R)/\$114(N) Ages: 3-5

Preschool Tennis - Adult/Child

Create interest in the sport of tennis with your preschooler. Start them out with a fun introduction to basic fundamentals. Note: \$10 materials fee is due to the instructor on the first class and parental participation is required. Class held at Rockville Tennis and Golf, 14702 Southlawn Lane, Rockville. For additional class times, call 301-424-8882.

5 weeks.
#9389 Sat Jan 17-Feb 14 10 am-10:30 am
\$99(R)/\$114(N) Ages: 3-5

Soccer for Fours

Practice soccer fundamentals and develop better skills. This class is just for four year olds. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Occasional scrimmages are included. Note: Bring a water bottle.

8 weeks
#9400 Wed Jan 14-Mar 3 4 pm-4:50 pm
\$48(R)/\$55(N) Ages: 4 TBA Site: RTS

Tiny Hand Crafts - Adult/Child **NEW**

Come and see what tiny hands can do! This hands-on class encourages children to be creative, get messy and have fun with paint, glue, glitter, foam, fabric, wood items and more. Kids will make at least 2 projects per class...most of them keepers! Note: Bring a smock. \$20 material fee due to instructor. Adult participation required.

6 weeks.
#9495 Thu Feb 5-Mar 11 9:30 am-10:15 am
\$38(R)/\$44(N) Ages: 2-6 Dion Site: TCRC

6 weeks.
#9658 Thu Feb 5-Mar 11 10:30 am-11:15 am
\$38(R)/\$44(N) Ages: 2-6 Dion Site: TCRC

Twinkle Twinkle Tiny Tunes-Adult/Child

Share the love of music with your child. Using songs, musical games, rhythm instruments and creative movement, the basics of music are made easy for little ones. Rhythm, pattern, tempo and pitch are the fundamentals, but the emphasis is on fun. Note: Attendance by parent/guardian is required.

No class 2/16. 8 weeks.
#9256 Mon Jan 26-Mar 22 9:30 am-10:15 am
\$48(R)/\$55(N) Ages: 1 1/2-2 1/2 Winkler Site: TCRC

No class 2/16. 8 weeks.
#9492 Mon Jan 26-Mar 22 10:30 am-11:15 am
\$48(R)/\$55(N) Ages: 1 1/2-2 1/2 Winkler Site: TCRC



After School Enrichment

After School Adventure

This after school program is for children in grades K-5 attending Twinbrook and Meadow Hall Elementary Schools. Note: Transportation provided from TES and MHES to Twinbrook Community Recreation Center. TCRC membership required.

#9545 Mon-Fri Jan 5-Apr 2 3 pm-6 pm
\$135(R)/\$170(N) Ages: 5-10 Site: TCRC

Kids Room

This drop-in recreational program is designed to give school-aged children the opportunity to have a safe and fun place to hang-out after school. Children will be able to engage in daily sports and games, arts and crafts, educational computer activities, along with homework time and monthly field trips. This program is for children in grades K-8.

Registration: On going. No class: 11/27, 11/28, 12/24-12/31, 2/6, 3/2, 4/5-4/12, 4/30

#9704 Mon-Fri Jan 12-May 21 3:30 pm-6 pm
\$180(R)/\$250(N) Ages: 5-14 Site: LPCC

KIDZ CLUBS

What are your children doing after school? We offer KIDZ CLUBS, a drop-in supervised recreational enrichment program. Enjoy games, sports, arts, crafts, nature activities, videos, homework help, field trips and more! Program is specifically designed to complement our after-school activities. Includes early release days. KIDZ CLUB is not available on days when MCPS are closed. For more information, call 240-314-8633. Note: Resident status refers to households within the corporate tax limits of the City of Rockville.

KIDZ CLUB - Beall

Enrollment begins with 1st graders. No KIDZ CLUB on 1/19, 1/26, 1/27, 2/16, 3/2, 3/19.

#9340 Mon-Fri Jan 5-Apr 2 3:05 pm-6 pm
\$135(R)/\$175(N) Grade: 1-5 Harriday Site: BES

KIDZ CLUB - David Scull

Kindergarteners welcome. No KIDZ CLUB on 1/19, 1/26, 1/27, 2/16, 3/2, 3/19.

#9341 Mon-Fri Jan 5-Apr 2 3:30 pm-6 pm
\$135(R)/\$175(N) Ages: 5-12 Chase Site: DSCC

KIDZ CLUB - Maryvale

Kindergartners welcome. No KIDZ CLUB on 1/19, 1/26, 1/27, 2/16, 3/2, 3/19.

#9342 Mon-Fri Jan 5-Apr 2 3:30 pm-6 pm
\$135(R)/\$175(N) Ages: 5-12 Simmons Site: MES

KIDZ CLUB - Twinbrook

Kindergarteners welcome. No KIDZ CLUB on 1/19, 1/26, 1/27, 2/16, 3/2, 3/19.

#9343 Mon-Fri Jan 5-Apr 2 3:30 pm-6 pm
\$135(R)/\$175(N) Ages: 5-12 Dickson Site: TES

The Finest!

Auditions: See page 19

Children's Arts/Leisure/Dance

Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

Ballet for Children

Learn the art of ballet through an elementary but professional approach. Children must be entering kindergarten and age five by November 30th. Children should register for the appropriate level but may be changed at the instructor's discretion. Solid color leotard and ballet shoes are recommended but not required. Children should remain in Beginning Ballet for two years, then move to Intermediate for four years before progressing to Advanced Ballet. Students with demonstrated proficiency are encouraged to perform with the Rockville Civic Ballet. Those previously enrolled at the Rockcrest Ballet Center should register for the same class. Note: If a participant registers for two or more classes, a \$5 discount may be applied to one class. To receive a discount, register by mail, fax or in-person. See Teen Section for more classes.

Beginner Ballet

Beginners, Grades K-6. No class 1/19 & 2/16. 9 weeks.

#9202 Mon Jan 12-Mar 22 3:45 pm-4:45 pm
\$59(R)/\$68(N) Ages: 5-13 Mangan Site: RBC

Intermediate I & II Ballet

Children ages 7 and up who have successfully completed the Beginner level. No class 1/19 & 2/16. 9 weeks.

#9203 Mon Jan 12-Mar 22 4:45 pm-5:45 pm
\$59(R)/\$68(N) Ages: 7 + Mangan Site: RBC

Intermediate III Ballet

Children who have successfully completed Intermediate I & II. No class 3/2. 9 weeks.

#9204 Tue Jan 13-Mar 23 4:15 pm-5:15 pm
\$59(R)/\$68(N) Ages: 8 + Mangan Site: RBC

Advanced Ballet

Advanced Ballet Pointe for young teens. No class 3/2. 9 weeks.

#9205 Tue Jan 13-Mar 16 5:15 pm-6:15 pm
\$59(R)/\$68(N) Ages: 12 + Mangan Site: RBC

Intermediate I & II Ballet

Children ages 7 and up who have successfully completed the Beginner level. 10 weeks.

#9206 Wed Jan 14-Mar 17 3:45 pm-4:45 pm
\$65(R)/\$75(N) Ages: 7 + Mangan Site: RBC

Pointe Ballet

Preparation for Pointe and Beginner Pointe. 10 weeks.

#9213 Wed Jan 14-Mar 17 4:45 pm-5:45 pm
\$65(R)/\$75(N) Ages: 10-14 Mangan Site: RBC

Young Beginner Ballet

Designed for Beginners, ages 5-6, with a slightly less structured approach. 8 weeks.

#9207 Thu Jan 15-Mar 4 5:30 pm-6:30 pm
\$52(R)/\$60(N) Ages: 5-6 Blackman Site: TCRC

Advanced Ballet

Advanced Ballet Pointe for young teens. 10 weeks.

#9208 Thu Jan 15-Mar 18 5:15 pm-6:15 pm
\$65(R)/\$75(N) Ages: 12 + Mangan Site: RBC

CHILDREN

WINTER 2003/2004

Beginner Ballet

Beginners, grades K-6. 10 weeks.

#9209 Fri Jan 16-Mar 19 3:45 pm-4:45 pm
\$65(R)/\$75(N) Ages: 5-13 Mangan Site: RBC

Pointe Ballet

Preparation for Pointe and Beginner Pointe. 10 weeks.

#9210 Fri Jan 16-Mar 19 4:45 pm-5:45 pm
\$65(R)/\$75(N) Ages: 10-14 Mangan Site: RBC

Beginner Ballet

Beginners, grades K-6. 10 weeks.

#9211 Fri Jan 16-Mar 19 5:45 pm-6:45 pm
\$65(R)/\$75(N) Ages: 5-13 Mangan Site: RBC

Young Beginner Ballet

Designed for Beginners, ages 5-6, with a slightly less structured approach. 8 weeks.

#9212 Sat Jan 17-Mar 6 11 am-12 noon
\$52(R)/\$60(N) Ages: 5-6 Bell Site: TCRC

BETR Saturday Science Club

Delve into the world of science. Join us for fun and exciting experiments that bring everyday science phenomena to life. Explore current science news. If you've wondered about it, we'll investigate it with hands on activities, group discussions and participation. Note: \$5 supply fee due to instructor at first class.

4 weeks.

#9491 Sat Feb 7-28 9:30 am-11:30 am
\$59(R)/\$68(N) Ages: 9-11 Oliveira Site: ESCC

Fairytale Fun

Introduce your child to theatre by bringing children's stories to life. Theatre games, movement, music, props and simple costumes will be used to explore characters and stories. Note: \$5 supply fee due to instructor at first class.

6 weeks.

#9434 Wed Feb 11-Mar 17 1:30 pm-2:30 pm
\$38(R)/\$44(N) Ages: 3-5 Levrio Site: TCRC

Family Chefs - Adult/Child

One bite won't hurt you! Come create, consume and of course, clean up: make food preparation a 'family affair.' This class is based on successful Tiny Hands Chef classes. Simple ingredients combined to create mouth watering dishes that everyone will love! Note: Parent participation required. \$30 per child cooking fee due to instructor.

5 weeks.

#9505 Fri Jan 30-Feb 27 4 pm-5 pm
\$43(R)/\$49(N) Ages: 4-15 Dion Site: SC

Family Pottery - Adult/Child

Discover different ways of building clay by hand. Learn creative approaches to the wheel. Note: Adult must register and participate in each class. \$30 material fee per person, extra fees charged for additional clay.

5 weeks.

#9507 Fri Jan 30-Feb 27 6:30 pm-7:30 pm
\$46(R)/\$53(N) Ages: 7 + Dion Site: SC

Little Linguists Learn French II

A fun, creative, and enjoyable way to expose children to foreign language! Children quickly pick up foreign language especially through play. Enjoy building a french vocabulary through singing, movement, art projects, acting out stories, meeting new friends, and having fun! Adults build their vocabulary too. Children who have not taken other levels may enroll at age appropriate level. Note: \$12 supply fee due to instructor.

No class 2/26. 7 weeks.

#9843 Thu Feb 5-Mar 25 4:30 pm-5:30 pm
\$53(R)/\$61(N) Ages: 4-7 Aresta Site: LES

Mini Cheer

Learn all aspects of cheerleading in this new mini class. Participants will learn motions, jumps, tumbling, stunts and dance. Cheer routines and dance are taught for a performance during the last class. Classes held at Xtreme Acro and Cheer, 20 E. Southlawn Ct., Rockville.

6 weeks.

#9496 Wed Jan 14-Feb 18 6 pm-7 pm
\$56(R)/\$64(N) Ages: 4-6

Parent's Night Out

Drop off the kids at Twinbrook Community Recreation Center for supervised activities. Wouldn't you enjoy a few hours without the kids? This would be a great time to do some holiday shopping or to have a quiet dinner without the kids. Note: Child must be school aged. TCRC membership required.

#9546 Fri Dec 12 6 pm-9 pm
\$5(R)/\$7(N) Ages: 5-10 Site: TCRC

#9547 Fri Jan 2 6 pm-9 pm
\$5(R)/\$7(N) Ages: 5-10 Site: TCRC

**Need an additional
Registration Form?
Download one from
our Web site
www.rockvillemd.gov**

Science Comes Alive - Children

The BETR Science Programs emphasize intellectual dialogue, curiosity, creativity and the sheer joy of accomplishment through discovery and experimentation. Explore Rocket Science and Aerodynamics with the help of NASA designed experiments. Experiment with airfoils, paper airplane design, as well as different types of rockets and rocket designs. Discussion will include the principals and history of rocketry. We will launch our rocket on the last day. Note: \$8 material fee due to instructor.

6 weeks
#9249 Tue Jan 20-Feb 24 4 pm-5 pm
\$51(R)/\$59(N) Ages: 6-8 Oliveira Site: BES

6 weeks
#9250 Tue Jan 20-Feb 24 5 pm-6 pm
\$51(R)/\$59(N) Ages: 8-10 Oliveira Site: BES

Tapping Toes

Have you always wanted to tap? Here is your chance. Join us for this beginner class. Note: Tap shoes required. Wear comfortable clothes.

8 weeks.
#9254 Thu Jan 15-Mar 4 4:30 pm-5:15 pm
\$52(R)/\$60(N) Ages: 5-6 Blackman Site: TCRC

Magic of a 10 Gallon Tank **NEW**

Do you have a 10-gallon tank with nothing in it? Did you know a 10-gallon tank costs the same today as it did in 1950? Join Ruth for an exciting hour of demonstrations to learn many different uses for your tank. Workshop is held at Animal Exchange, 605 Hungerford Drive.

#9625 Sun Jan 18 4 pm-5 pm
\$2(R)/\$3(N) Ages: 10+

Valentine Fun

Design and paint your very own platter for Valentine cookies or cupcakes. Learn the art of painting on glass and have fun making gifts for families and friends. Easy instructions provided for baking your dried, painted item at home to preserve your design. Note: \$7 supply fee payable to the instructor.

Register by: 1/26.
#9543 Sat Feb 7 10 am-12 noon
\$11(R)/\$13(N) Ages: 8-14 Pasquariello Site: SC



Children's Fitness/Sports Classes

Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted. In case of an emergency or inclement weather, call 240-314-5023 for a recorded message.

Basketball - Sharp Shooters **NEW**

Hey kids! Come see how much fun this new action-packed sport can be. Enjoy a fun workout as you learn to dribble, pass and shoot through of variety of drills and game-related activities. Scrimmages may be introduced based on skill level of participants.

No class 2/19. 8 wks.
#9857 Thu Jan 15-Mar 11 4 pm-4:50 pm
\$48(R)/\$55(N) Ages: 5-6 Orrell Site: FES

No class 2/19. 8 wks.
#9858 Thu Jan 15-Mar 11 5 pm-5:50 pm
\$48(R)/\$55(N) Ages: 6-7 Orrell Site: FES

Basketball for Girls **NEW**

Learn basketball fundamentals: dribbling, passing, shooting and rules of play. Team play and sportsmanship is emphasized. Scrimmages will be played as student's skills progress.

No class 3/2. 8 weeks.
#9835 Tue Jan 13-Mar 9 5 pm-5:50 pm
\$48(R)/\$55(N) Grade: 3-4 Jordan Site: LES

Basketball Skills Development

Gain confidence as you learn fundamental basketball skills and rules in this new class. Learn proper techniques and control as you execute skills through a variety of drills and exposure to game-like situations, depending on skill level of participants.

8 weeks.
#9502 Wed Jan 14-Mar 3 4 pm-4:50 pm
\$48(R)/\$55(N) Grade: 2-3 Jordan Site: LES

8 weeks.
#9503 Wed Jan 14-Mar 3 5 pm-5:50 pm
\$48(R)/\$55(N) Grade: 3-4 Jordan Site: LES

No class 3/2. 8 weeks.
#9504 Tue Jan 13-Mar 9 4-4:50 pm
\$48(R)/\$55(N) Grade: 1-2 Jordan Site: LES

Cheerleading Basics

Learn all aspects of cheerleading. Students will learn jumps, tumbling, stunts and dance combinations. Parents and friends are invited to the last class to see a cheerleading performance. Class is held at Xtreme Acro and Cheer, 20 E. Southlawn Ct., Rockville.

6 weeks.
#9497 Wed Jan 14-Feb 18 7 pm-8 pm
\$56(R)/\$64(N) Ages: 6-12

CHILDREN

WINTER 2003/2004

Climbing for Children and Parents

Does your child climb trees and boulders in your backyard? Put those impulsive climbing skills to the test. Learn the basics for climbing and climbing safety and then try out climbing skills on our walls with games and activities. All equipment is provided.

Register by: 1/2.
#9533 Mon Jan 12 7 pm-8:30 pm
\$35(R)/\$39(N) Ages: 6-9 Site: CG

Register by: 1/16.
#9538 Mon Jan 26 7 pm-9 pm
\$35(R)/\$39(N) Ages: 9-13 Site: CG

Indoor Golf for Children

Learn proper swing, putting and more in a group of four to six participants. Note: \$25 due at first class for balls. Classes held at Rockville Tennis and Golf, 14702 Southlawn Lane, Rockville. For additional class times, call 301-424-8882.

5 weeks.
#9369 Sat Jan 17-Feb 14 9:30 am-10:15 am
\$110(R)/\$126(N) Ages: 5-8

5 weeks.
#9370 Sat Jan 17-Feb 14 11:30 am-12:15 pm
\$110(R)/\$126(N) Ages: 9-12

Indoor Tennis for Children

Take advantage of instruction with only four to six participants in a group. Learn tennis strokes and strategies for playing games. Note: \$10 materials fee is due to instructor at first class. Classes are held at Rockville Tennis and Golf, 14702 Southlawn Lane, Rockville. For additional class times call 301-424-8882.

5 weeks.
#9372 Sat Jan 17-Feb 14 1 pm-1:45 pm
\$110(R)/\$126(N) Ages: 5-8

5 weeks.
#9481 Sat Jan 17-Feb 14 10:30 am-11:15 am
\$110(R)/\$126(N) Ages: 9-12

Karate Kids

Learn the fundamentals of Tae Kwon Do, including a variety of basic kicks, blocks and punches. The martial artist's attitude of discipline, respect and self-control is stressed. Wear loose, comfortable clothes. Note: Classes held at World Karate Masters, 833A Rockville Pike (Wintergreen Plaza).

8 wks.
#9378 Wed Jan 14-Mar 3 4 pm-5 pm
\$40(R)/\$46(N) Grade: 1-4 Latchinian

8 wks.
#9379 Fri Jan 16-Mar 5 4 pm-5 pm
\$40(R)/\$46(N) Grade: 5-7 Latchinian

Little Feet Aerobics

All children, not just athletes, can succeed while improving coordination, endurance and social skills. Learn choreographed routines to popular hits. Shirt, shorts and sneakers are recommended.

11 weeks.
#9382 Thu Jan 22-Apr 1 3:15 pm-4 pm
\$60(R)/\$69(N) Grade: 1-4 Tramel Site: RPES

10 weeks.
#9675 Wed Jan 14-Mar 17 3:15 pm-4 pm
\$55(R)/\$63(N) Grade: 1-4 TBA Site: LES

Soccer - Children

Practice soccer fundamentals and develop better skills. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Scrimmages are included. Bring a water bottle.

8 weeks.
#9398 Wed Jan 14-Mar 3 5 pm-5:50 pm
\$48(R)/\$55(N) Ages: 5-6 TBA Site: RTS

Toy Factory

Aspiring junior woodworkers will have fun making take-home wooden toys, puzzles and more. There are many practical experiences in measuring, drawing, safely nailing, gluing and painting. Note: \$10 material fee payable to instructor at first class. Classes are held at Wood World, 309 Howard Ave., Rockville.

4 weeks
#9122 Sat Feb 7-28 9:30 am-11:30 am
\$45(R)/\$53(N) Ages 8-12

Tumbling and Tramp

Participants learn basic tumbling skills such as forward and backward rolls, handstands, cartwheels, round-offs, walkovers and back handsprings, if ready. Emphasis will be placed on coordination, flexibility and strength. USA Gymnastics trampoline levels 1-4 will be taught. Class held at Xtreme Acro and Cheer, 20 E. Southlawn Ct., Rockville.

6 weeks.
#9498 Fri Jan 16-Feb 20 5 pm-6 pm
\$56(R)/\$64(N) Ages: 6-12

6 weeks.
#9499 Fri Jan 16-Feb 20 4 pm-5 pm
\$56(R)/\$64(N) Ages: 4-6



Youth Sports

Do you go to school in Rockville but do not live in Rockville? Note: If a student resides outside the Rockville corporate limits but attends a school within the Rockville corporate limits, he/she is a nonresident.

Softball - Girls

This challenging sport provides girls opportunities to learn fundamentals of softball while participating and competing in league play. Teams are organized by age and by geographic school districts. Volunteer coaches conduct team practices and games. The season lasts approx. eight weeks. Practices may begin as early as March 15; league play begins the week of April 17 (Tuesday or Wednesday games may be included.) Participants will be contacted regarding league schedules, team practices and other team information. Registration deadline: February 27. Participants must either live in or attend school within Rockville corporate limits.

Pee Wee Division Coach Pitch

Girls born 1994 & 1995 Children must play in division corresponding to their year of birth.

#9584	Sat	Apr 17-Jun 19	9 am-4 pm
\$48(R)/\$58(N)		Ages: 8-9	Site: TBA

Midgets Division Slow Pitch

Girls born 1992 & 1993 Children must play in division corresponding to their year of birth.

#9585	Sat	Apr 17-Jun 19	9 am-4 pm
\$48(R)/\$58(N)		Ages: 10-11	Site: TBA

Junior Division Modified Fast-Pitch

Girls born 1990 & 1991 Children must play in division corresponding to their year of birth.

#9586	Sat	Apr 17-Jun 19	9 am-4 pm
\$48(R)/\$58(N)		Ages: 12-13	Site: TBA

Associates Modified Fast-Pitch

Girls born 1987, 1988 & 1989 Children must play in division corresponding to their year of birth.

#9587	Sat	Apr 17-Jun 19	9 am-4 pm
\$48(R)/\$58(N)		Ages: 14-16	Site: TBA

T-Ball Baseball 'Majors'

Features of this program: • Hit from a T-Ball stand • Learn skills and rules • Have fun in a noncompetitive atmosphere • Use special baseballs that are safer and help develop players confidence. • T-shirts and some equipment provided free, but players must provide glove, hat, and shoes. • Teams organized by geographic areas • Players will be notified regarding league schedules, team practices and other team information. Registration deadline: February 27. Participants must either live or attend a school within Rockville corporate limits.

T-Ball Majors

Children born 9/1/95-8/31/97 - and/or in 1st or 2nd grade

#9666	Sat	Apr 24-May 29	9 am-4 pm
\$31(R)/\$41(N)		Ages: 7-8	Site: TBA

T-Ball Baseball 'Minors'

Features of the program are: • Hit from a T-Ball stand • Learn simplified rules • Have fun in a safety-conscious atmosphere • Use special baseballs that are safer and help develop player confidence. • T-shirts and some equipment provided but players must supply glove, hat, and shoes. • Teams are organized by geographic areas • Players will be notified regarding league schedules, team practices and other team information. Registration deadline: February 27. Participants must either live or attend a school within Rockville corporate limits.

T-Ball Minors

Children Born 9/1/97-8/31/98 - and/or in Kindergarten

#9669	Sat	Apr 24-May 29	9 am-4 pm
\$31(R)/\$41(N)		Ages: 5-6	Site: TBA

Track & Field

Come experience our Youth Track and Field program! Learn basic track and field skills through participation and competition in local meets. All participants have the opportunity to compete in a City Conference Meet. Registration deadline: February 27. Participants must either live or attend a school with Rockville corporate limits. Practices begin the week of March 29. Meets begin April 21. Conference Meet begins May 26 and May 27 (All dates are tentative).

Bantam Division

Boys & Girls Born 1/1/1996 - 8/31/1997

#9672	Wed	Apr 21-May 26	5:30 pm-9 pm
\$27(R)/\$37(N)		Ages: 6-7	Site: RMHS

Midget Division

Boys & Girls Born 1994 - 1995

#9670	Wed	Apr 21-May 26	5:30 pm-9 pm
\$27(R)/\$37(N)		Ages: 8-9	Site: RMHS

Junior Division

Boys & Girls Born 1992 - 1993

#9671	Wed	Apr 21-May 26	5:30 pm-9 pm
\$27(R)/\$37(N)		Ages: 10-11	Site: RMHS

Intermediate Division

Boys & Girls Born 1990 - 1991

#9673	Wed	Apr 21-May 26	5:30 pm-9 pm
\$27(R)/\$37(N)		Ages: 12-13	Site: RMHS

